

Carryduff Primary School
Anti-Bullying Policy for our Pupils

All pupils have the right to a safe education. We want to stop bullying in our school.
This sheet tells you what to do if you or someone you know is being bullied.

What is Bullying

Bullying is the repeated use of power by one or more persons intentionally to harm, hurt or adversely affect the rights and needs of another or others.

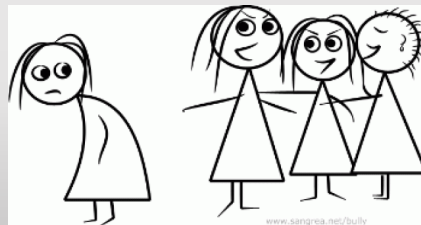
Northern Ireland Anti-Bullying Forum (NIABF)

Types of Bullying

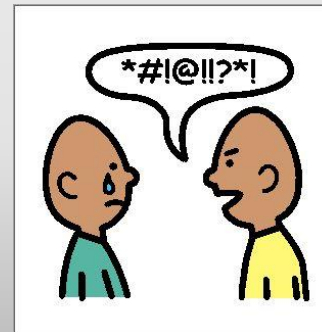
Physical



Emotional



Verbal



Cyber



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Types of Bullying

Physical – punching, kicking, hitting, nipping

Emotional – hurting people's feelings, leaving people out

Verbal - name calling, teasing

Cyber – sending nasty texts, emails, photos, messages to or about someone

If you are being bullied or know someone who is

Do

- Tell an adult or friend
- Remember it is not your fault
- Know you are not alone
- Put a message in the worry box

Don't

- Join in with the bullies
- Keep it to yourself
- Stand and watch

Where can I get help?

'Who Can I Talk To' poster

Worry box

Teacher or any other adult in school

Parents/Guardians

ChildLine



Procedure

Tell someone

Teacher will talk to those involved

The incident will be recorded

The situation will be closely monitored

If it happens again, parents will be contacted